

Books Available

1. How to Say It at Work

Author; Jack Griffin

2. Prioritize Organize the Art of Getting It Done

Author; Peg Pickering

3. Lifescripts

What to say to get what you want in lifes toughest situations

Authors; Stephen M. Pollant & Mark Levine

4. Women and Leadership

Essential Skills for Success in Today's Business National Press Publication

5. Negaholics NO MORE!

Author; Dr. Cherie Carter-Scott

6. Being OK Just Isn't Enough

The Power of Self Discovery
Author; Doris Wild Helmering

7. The Stress Management Handbook

National Press Publication

8. How to Work With People

Understanding Team Dynamics National Press Publication

9. How to De-Junk Your Life

Keys to Taking Control, Getting Organized and Getting It All Done

National Press Publication

10. Women Power & Politics

5 copies

11. From Rollercoaster to Recovery 1st Edition @2005

A guide book for families navigating the mental health system in Wellington – Dufferin Counties

12. From Rollercoaster to Recovery 2_{nd} Edition @2007

A guide book for families navigating the mental health system in Wellington – Dufferin Counties

13. Unlocking the Doors

A Woman's Struggle Against Intolerance Eva tells her story of surviving the Holocaust as a child. It is an extraordinary account by an extraordinary woman.

Author; Eva Olsson

14. The Beauty Myth

Wolf exposes the tyranny of the beauty myth through the ages and its oppressive function today, in the home and at work, in literature and the media, in relationships, between men and women, between women and women. With an armory of startling, sometimes shocking, examples she confronts the beauty industry and its advertising, uncovering reasons why women are consumed by the destructive obsession, why they starve themselves and even submit their bodies to the knife.

Author; Naomi Wold

15. Preparing for Life

The Complete Guide for Transitioning to Adulthood for those with Autism and Aspergers Syndrome Author; Dr. Jed Baker

16. Violence Against Women

New Canadian Perspective Edited By; M. J. McKenna & June Larkin

17. Setting Limits with Your Strong-Willed Child

Eliminating Conflict by Establishing CLEAR, Firm and Respectful Boundaries

Author: Robert J. MacKenzie Ed. D.

18. **The Secret**

"As you learn The Secret, you will come to know how you can have, be, or do anything you want. You will come to know how you really are. You will come to know the true magnificence that awaits you in life." --from the introduction Author; Rhonda Byrne

19. As The World Burns

50 Simple Things You Can Do To Stay In Denial ...AS the World Burns is a hilarious satire and passionate wake-up call that will inspire you to do whatever you can to stop ecocide before it's too late.

Authors; Derrick Jensen & Stephanie McMillan

20. Social Skills and Activities for Special Children

142 reproducible lessons and activity sheets to help children recognize and practice social skills

Author; Darlene Mannix

21. Nobody Likes Me, Everybody Hates Me

Friendship problems and how to solve them. How to help your kid survive the social jungle. Author; Michelle Borba

22. The NO-NONSENSE GUIDE to HUMAN RIGHTS

This No-Nonsense Guide looks at the theories of rights and universalism. It explores the difficult task of trying to protect human rights in war, the advances in international law that have led to some rights abusers facing justice, and the conflicts that can occur when rights collide with culture.

Authors; Olivia Ball & Paul Gready

23. Laughing Matters

Strategies for Building a Joyful Learning Community An engaging resource that offers practical strategies for bringing fun into the classrooms, culture, leadership, and professional development.

Authors; Susan Stephenson & Paul Thibault

24. Better Boundaries

Owning and Treasuring Your Life Author; Jan Black & Greg Enns

25. The Joy of Signing

The New Illustrated Guide to Mastering Sign Language and the Manual Alphabet Lottie L. Riekehof

26. Relationship Rescue

A Seven-Step Strategy for Reconnecting With Your Partner Author; Dr. Phillip C. McGraw, Ph.D.



Resource Guides Available

1. Connections

Learning and Teaching Information Technology

2. The Green School

A Resource Guide for Environmental Education

3. The Reading Edge

Sharpening Reading and Study Skills

4. The Leading Edge

Leadership Skill For the 90's

5. Independent Learning

6. Career Education

7. Managing Conflict

A Practical Guide To Conflict Resolution For Educators

8. Social Issues 2

A Guide to Aids, Substance Abuse, Violence and Eating Disorders

9. Assess For Success

Assessment, Evaluation and Reporting For Successful Learning

10. Students at Risk

Effective Strategies & Programs

11. Survival Strategies

Practical Tools for Educators

12. School LAW 2002

A Reference Guide for Ontario

CD's & VHS, Available

1. Supporting a Planning Process

VHS

Grant Craft

2. The Art of Being Assertive

CD

The Sounds Solution Learning Library

3. Communicate With Confidence

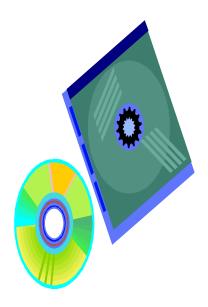
CD

The Sounds Solution Learning Library

4. The Power of Persuasion

CD

The Sounds Solution Learning Library



5. Money Mastery

CD

6. Living in Excellence

Achieve the Success You Thought You'd Never Get CD

7. Me and My Self Esteem

Learn to Think, Live and Believe in High Self-Esteem CD

8. Business Grammar & Usage

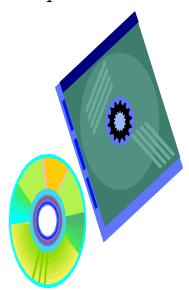
For Professionals CD

9. Relationships Rescue

CD Phillip McGraw Phd.

10. Life Strategies

CD *Phillip McGraw Phd.*



Kelly Walker

Icons of Hope - Book, CD

Often grieving takes many forms - either the loss of someone, the loss of a job, or the loss of one of our own faculties. Our need to grieve at these times is not only natural, but also healthy. Yet in our modern, fast-paced society there appears to be little room or acceptance of our normal reactions following a major loss. Kelly shows us how to be Alive Again and explores why our reactions are normal and healthy. He gives insight into how to handle each loss to give it the dignity it and we deserve.

Alive Again - Book, CD

Grieving takes many forms. Our need to grieve is not only natural and healthy, but also essential to our recovery. Yet in modern, fast paced society there is little room for our normal reactions following a major setback. Kelly Walker shows us how to be *Alive Again!* He gives fresh insight into handling each loss with the dignity and respect it deserves.

Loss of Soul - Book, CD

This is a book about emotional breakthrough. Many of us are caught in the web of boundary-less work, caring, or depression. Kelly Walker understands personally the ensuing burnout because he experienced it himself. He gives us a positive and practical remedy for healing and an approach to health that involves the whole person—body, emotions and spirit. He calls upon the person in distress to get involved with the sadness and create a hopeful future.

River Ash – Music, CD

Piano improvisations. Pure, simple melodies to soothe the soul and calm the body. Used internationally for yoga and meditation, for palliative care and for music to accompany life, this is a very popular piece of work, which displays Kelly's talent at the piano.

All My Life – Music CD

Kelly's sings his songs. With a backup orchestra of Canada's finest studio-musicians, he delivers and enchanting listening experience. His song "Paradise" has become a popular song for tough times. And "Gotta Have a Dream," captures the hearts of children and adults.

Growing Somewhere Living life after mid-life -Book

This book captures Kelly's personal wisdom about this "last gift of time." It provides a compassionate, insightful and hopeful field guide for enjoying the autumn trails of life. It is a practical book, filled with humour, common sense and encouragement for those over 50.

Dancing on the Ark - Book Facing Change in Uncertain Times

We are a generation raised on change. Nonetheless, our families, schools, churches scarcely prepared us for the shape of what was to come. They tended to keep from us the stories of their transitions and their skill at facing the future.

In this book, Kelly Walker proposes the ancient story of Noah and his Ark as a "first story" in order to give us some needed wisdom for our transitions. He explores the inner dynamics of personal and uninvited change, the challenges it offers. His insightful and very personal observations provide hope for those trapped inside the loneliness and fear that often accompany major life changes. It helps to learn that you are not alone and that progress through difficult times can be enriching and uplifting.

Loss of Soul – Book

This is a book about emotional breakthrough. Many of us are caught in the web of boundary-less work, caring, or depression. Kelly Walker understands personally the ensuing burnout because he experienced it himself. He gives us a positive and practical remedy for healing and an approach to health that involves the whole person—body,

emotions and spirit. He calls upon the person in distress to get involved with the sadness and create a hopeful future.